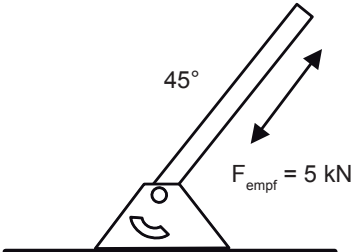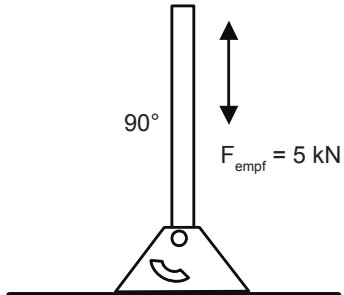LASTEN