

# beurer

## MG 80



**GB Infrared Massager**  
Instruction use

**Dear customer,**

We are glad that you have decided on a product from our range. Our name stands for high-quality and thoroughly tested products from the areas of warmth, gentle therapy, blood pressure / diagnosis, weight, massage and air. Please read these instructions for use carefully and follow them.

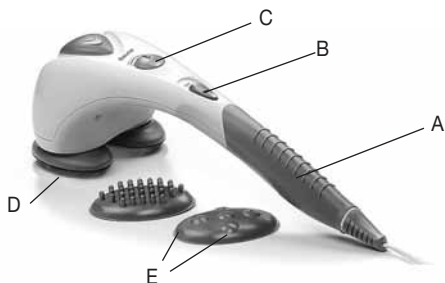
Yours sincerely,  
The Beurer team

## 1. Important Notes

### ■ Keep for later use and make available for other users.

- Connect the device only to the voltage stated on the type nameplate
- As with every electrical device, this massage device should be used carefully and cautiously in order to avoid the risk of electric shock:
  - unplug the mains cable immediately after use.
  - prevent any contact with water (except when cleaning with a slightly damp cloth). Water must never get inside the device. Never submerge the device in water. Never use the device in the bath, in the shower, in a swimming pool or over a basin filled with water. However, if water has got inside the casing, unplug the device immediately and contact your electrical dealer or customer service.
  - The device and in particular the mains cable should be checked for any damage before each use.
  - Never plug the device into the mains power supply if the cable is damaged. Contact your electrical dealer or customer service.
  - Repairs must be carried out only by customer service or authorised dealers.
  - Never hold or carry the device by the mains cable.
  - If a fault should occur during use, switch off the device immediately and unplug it from the socket.
- The device is intended only for the purpose described in these instructions for use. The manufacturer can accept no liability for injury arising from incorrect or careless use.
- Do not use any massage attachments other than those supplied with the device.
- The device is only intended for individual use, and not for medical or commercial use.
- Do not use the device continuously for longer than 15 minutes to avoid overheating. Let the device cool down before using it again.
- The surface of the device becomes warm during use. Persons insensitive to heat should be particularly careful.
- Never cover the device when it is switched on (with blanket, pillow etc.)
- Never operate the device unsupervised, especially if there are children in the vicinity.
- Children, helpless or disabled persons must use the device only under adult supervision or must be familiarised with the device beforehand.
- Do not use with animals or pets.
- Persons with cardiac pacemakers are requested to consult their doctor before using the massage device and never to massage the region of the heart.
- Never use the device on swollen, burned or injured areas of skin. The following should also not be massaged: bones (e.g. joints, spine), the head or other sensitive areas of the body.
- Do not carry out a massage if you have a cold with a high temperature, varicose veins, thrombosis, vein inflammation, jaundice, diabetes, pregnancy, nerve disorders (e.g. sciatica) or acute inflammation. In such cases, consult your doctor.
- Do not use the massage device in bed. You must never fall asleep during use.

## 2. Device description



- A Non-slip handle
- B Sliding switch:
  - OFF – Off
  - M – Massage
  - MH – massage and infrared heat
- C Control (continuously adjustable massage speed)
- D Massage surface with infrared heat
- E Exchangeable massage attachments:
  - Knob attachment
  - Five-point attachment

## 3. Use

Purpose: The appliance is used exclusively for the purpose of massaging the human body.

Ensure that the device is switched off before you plug in the mains cable. Switch on the device with the sliding switch to "M" – "massage only" or "MH" – "massage with infrared heat".

Set the desired massage speed using the control.

Guide the device with both hands to the area of the body to be massaged. You can stand, sit or lie down and can massage yourself or another person. The massage intensity can be altered by pressing more or less firmly with the massage device. Do not massage a certain site of the body for longer than 3 minutes and then change to other area of the body.

After using for a maximum of 15 minutes, unplug the device and let it cool down. Keep the device dry.

## 4. Cleaning/Disposal

To clean the unplugged device after it has cooled down, wipe with a slightly damp cloth. You can use a mild cleaning agent. However, ensure that water never gets inside the device. Do not use the device again until it is completely dry.

Please dispose of the device in accordance with the directive 2002/96/EG – WEEE (Waste Electrical and Electronic Equipment). If you have any queries, please refer to the local authorities responsible for waste disposal.

