

DENVER[®]

SW-350 Smart Watch

Operation Instructions

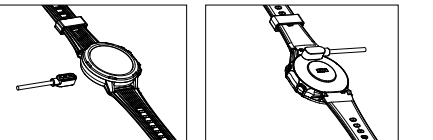


Thank you for choosing our product. Please read the instructions carefully before use.

Get started

1. Turn On

- Automatic turn-on after charging.



Note: The Watch must be charged and activated before the first use. Please use the original power adapter to charge the Watch.

2. Download and Install Denver Fit 1 APP

Download " Denver Fit 1 " app from App Store or Google Play, and install it on your smartphone.

Note: System requirements areas below.



iOS 9.0 and above



Android 4.4 and above



Bluetooth 4.2

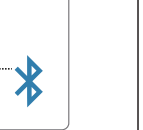
3. Connect to smartphone correctly.



Correct operation: Pair the Watch via APP on your phone.



Wrong connection: Pair the Watch via Bluetooth in phone settings



4. Bind the Watch

Slide down on the home screen of the app to display the binding request. Select the product model, and tap "Confirm Binding" to complete binding.



Use Instructions

1. Activate Sports

- Enter the Sports interface, slide up or down to select a sports item, and tap the icon to start sports.



2. Start Sports

- When Sports is activated, the Watch will show sports countdown. Sports starts after the countdown.



3. Operations during Sports

- Press UP /DOWN button to pause sports
- Slide left/right to switch sports data



4. Reminder about heart rate during sports

- During sports, the Watch will continuously detect current heart rate. If the current heart rate exceeds the maximum heart rate, the Watch will remind you to reduce sports intensity or stop sports through vibration and alarm information. Set your safe heart rate reminder through More > Heart rate zone > User defined max. heart rate in the mobile app.



5. Pause or Stop Sports

- In the screen unlocking state, press and hold the UP button to pause sports. Tap the Continue icon to resume sports. In the pause state, slide the screen up to view the current sports data.



6. Control Center

- Slide up once on the dial interface to enter the control center interface. Tap the DND icon to turn on DND mode. Tap the DND icon again to turn off DND mode.



7. Health Data

- Enter the Health data interface to view the accumulated steps, calories and distances when wearing the Watch on a day.



8. Notifications

- When it is in use, you need to turn on "Smart Reminder" on the app. Select your desired notification types for activation. This function requires the connection between the Watch and your smartphone.



9. Alarm clock

- You can set alarm through the mobile app. When the alarm time comes, the Watch vibrates for reminder. The vibration will last 20 seconds if the alarm is not switched off. The vibration occurs again as alarm after 5 minutes. Press the UP/DOWN button to pause the alarm, and after 5 minutes the alarm will remind again. Press UP/DOWN button to turn off the alarm reminder.



10. Heart Rate

- The Watch supports heart rate detection. Slide to the heart rate interface, hold down the interface screen for two seconds, the Watch will automatically detect your heart rate. Stand still during the detection, so that the Watch can output more accurate heart rate data.



11. Weather

- Weather function allows you keep track of the weather in your city. Weather data is obtained through mobile phone network, so it requires the connection between the Watch and the phone to timely update weather data.



12. Stopwatch

- You can record multiple times of stopwatch.



13. Call reminder

- Call reminder can be set through the mobile app. Turn on Call Reminder function and keep the connection between the Watch and the phone. When there is an incoming call, the Watch will vibrate for reminder. Close the call pop-up by pressing the UP/DOWN button. Press UP/DOWN button to reject the call.



14. DND mode

- Slide up once on the dial interface to enter the control center interface. Tap the DND icon to turn on DND mode. Tap the DND icon again to turn off DND mode.



15. Brightness adjustment

- Slide up once on the dial interface to enter the control center interface. Tap the brightness icon to toggle brightness levels among Level 1, Level 2 and Level 3.



16. System settings

- Slide up once on the dial interface to enter the control center interface, and tap the System Setting icon to enter the system settings.



17. Stopwatch

- You can make the following settings through the System settings. Dial settings: Tap and enter this function to switch different dialing ways.



18. Timer

- You can set count-down. The Watch vibrates for reminder after the count-down is over.



19. Alarm clock

- You can set alarm through the mobile app. When the alarm time comes, the Watch vibrates for reminder. The vibration will last 20 seconds if the alarm is not switched off. The vibration occurs again as alarm after 5 minutes. Press the UP/DOWN button to pause the alarm, and after 5 minutes the alarm will remind again. Press UP/DOWN button to turn off the alarm reminder.



20. Heart Rate

- The Watch supports heart rate detection. Slide to the heart rate interface, hold down the interface screen for two seconds, the Watch will automatically detect your heart rate. Stand still during the detection, so that the Watch can output more accurate heart rate data.



21. Weather

- Weather function allows you keep track of the weather in your city. Weather data is obtained through mobile phone network, so it requires the connection between the Watch and the phone to timely update weather data.



22. Call reminder

- Call reminder can be set through the mobile app. Turn on Call Reminder function and keep the connection between the Watch and the phone. When there is an incoming call, the Watch will vibrate for reminder. Close the call pop-up by pressing the UP/DOWN button. Press UP/DOWN button to reject the call.



23. DND mode

- Slide up once on the dial interface to enter the control center interface. Tap the DND icon to turn on DND mode. Tap the DND icon again to turn off DND mode.



24. Brightness adjustment

- Slide up once on the dial interface to enter the control center interface. Tap the brightness icon to toggle brightness levels among Level 1, Level 2 and Level 3.



25. System settings

- Slide up once on the dial interface to enter the control center interface, and tap the System Setting icon to enter the system settings.



26. Stopwatch

- You can record multiple times of stopwatch.



27. Timer

- You can set count-down. The Watch vibrates for reminder after the count-down is over.



28. Alarm clock

- You can set alarm through the mobile app. When the alarm time comes, the Watch vibrates for reminder. The vibration will last 20 seconds if the alarm is not switched off. The vibration occurs again as alarm after 5 minutes. Press the UP/DOWN button to pause the alarm, and after 5 minutes the alarm will remind again. Press UP/DOWN button to turn off the alarm reminder.



29. Heart Rate

- The Watch supports heart rate detection. Slide to the heart rate interface, hold down the interface screen for two seconds, the Watch will automatically detect your heart rate. Stand still during the detection, so that the Watch can output more accurate heart rate data.



30. Weather

- Weather function allows you keep track of the weather in your city. Weather data is obtained through mobile phone network, so it requires the connection between the Watch and the phone to timely update weather data.



31. Call reminder

- Call reminder can be set through the mobile app. Turn on Call Reminder function and keep the connection between the Watch and the phone. When there is an incoming call, the Watch will vibrate for reminder. Close the call pop-up by pressing the UP/DOWN button. Press UP/DOWN button to reject the call.



32. DND mode

- Slide up once on the dial interface to enter the control center interface. Tap the DND icon to turn on DND mode. Tap the DND icon again to turn off DND mode.



33. Brightness adjustment

- Slide up once on the dial interface to enter the control center interface. Tap the brightness icon to toggle brightness levels among Level 1, Level 2 and Level 3.



34. System settings

- Slide up once on the dial interface to enter the control center interface, and tap the System Setting icon to enter the system settings.



35. Stopwatch

- You can record multiple times of stopwatch.



36. Timer

- You can set count-down. The Watch vibrates for reminder after the count-down is over.



37. Alarm clock

- You can set alarm through the mobile app. When the alarm time comes, the Watch vibrates for reminder. The vibration will last 20 seconds if the alarm is not switched off. The vibration occurs again as alarm after 5 minutes. Press the UP/DOWN button to pause the alarm, and after 5 minutes the alarm will remind again. Press UP/DOWN button to turn off the alarm reminder.



38. Heart Rate

- The Watch supports heart rate detection. Slide to the heart rate interface, hold down the interface screen for two seconds, the Watch will automatically detect your heart rate. Stand still during the detection, so that the Watch can output more accurate heart rate data.



39. Weather

- Weather function allows you keep track of the weather in your city. Weather data is obtained through mobile phone network, so it requires the connection between the Watch and the phone to timely update weather data.



40. Call reminder

- Call reminder can be set through the mobile app. Turn on Call Reminder function and keep the connection between the Watch and the phone. When there is an incoming call, the Watch will vibrate for reminder. Close the call pop-up by pressing the UP/DOWN button. Press UP/DOWN button to reject the call.



41. DND mode

- Slide up once on the dial interface to enter the control center interface. Tap the DND icon to turn on DND mode. Tap the DND icon again to turn off DND mode.



42. Brightness adjustment

- Slide up once on the dial interface to enter the control center interface. Tap the brightness icon to toggle brightness levels among Level 1, Level 2 and Level 3.



43. System settings

- Slide up once on the dial interface to enter the control center interface, and tap the System Setting icon to enter the system settings.



44. Stopwatch

- You can record multiple times of stopwatch.



45. Timer

- You can set count-down. The Watch vibrates for reminder after the count-down is over.



46. Alarm clock

- You can set alarm through the mobile app. When the alarm time comes, the Watch vibrates for reminder. The vibration will last 20 seconds if the alarm is not switched off. The vibration occurs again as alarm after 5 minutes. Press the UP/DOWN button to pause the alarm, and after 5 minutes the alarm will remind again. Press UP/DOWN button to turn off the alarm reminder.



47. Heart Rate

- The Watch supports heart rate detection. Slide to the heart rate interface, hold down the interface screen for two seconds, the Watch will automatically detect your heart rate. Stand still during the detection, so that the Watch can output more accurate heart rate data.



48. Weather

- Weather function allows you keep track of the weather in your city. Weather data is obtained through mobile phone network, so it requires the connection between the Watch and the phone to timely update weather data.



49. Call reminder

- Call reminder can be set through the mobile app. Turn on Call Reminder function and keep the connection between the Watch and the phone. When there is an incoming call, the Watch will vibrate for reminder. Close the call pop-up by pressing the UP/DOWN button. Press UP/DOWN button to reject the call.



50. DND mode

- Slide up once on the dial interface to enter the control center interface. Tap the DND icon to turn on DND mode. Tap the DND icon again to turn off DND mode.



51. Brightness adjustment

- Slide up once on the dial interface to enter the control center interface. Tap the brightness icon to toggle brightness levels among Level 1, Level 2 and Level 3.



52. System settings

- Slide up once on the dial interface to enter the control center interface, and tap the System Setting icon to enter the system settings.



53. Stopwatch

- You can record multiple times of stopwatch.



54. Timer

- You can set count-down. The Watch vibrates for reminder after the count-down is over.



55. Alarm clock

- You can set alarm through the mobile app. When the alarm time comes, the Watch vibrates for reminder. The vibration will last 20 seconds if the alarm is not switched off. The vibration occurs again as alarm after 5 minutes. Press the UP/DOWN button to pause the alarm, and after 5 minutes the alarm will remind again. Press UP/DOWN button to turn off the alarm reminder.



56. Heart Rate

- The Watch supports heart rate detection. Slide to the heart rate interface, hold down the interface screen for two seconds, the Watch will automatically detect your heart rate. Stand still during the detection, so that the Watch can output more accurate heart rate data.