



## SW-182 SMARTWATCH



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ENGLISH



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FR

Cet appareil et  
ses accessoires  
sont recyclables

À DÉPOSER  
EN MAGASIN



À DÉPOSER  
EN DÉCHÈTERIE

ou



Points de collecte sur [www.quefairedemesdechets.fr](http://www.quefairedemesdechets.fr)  
Privilégiez la réparation ou le don de votre appareil !



## Safety information

Please read the safety instructions carefully before using the product for the first time and keep the instructions for future reference.

1. This product is not a toy. Keep it out of reach of children.
2. Warning: This product includes lithium polymer battery.
3. Keep product out of the reach of children and pets to avoid chewing and swallowing.
4. Product operating and storage temperature is from 0 degree Celsius to 40 degrees Celsius. Under and over this temperature might affect the function.
5. Never open the product. Repairs or service should only be performed by qualified personnel.

6. Please remove the Smart watch in case of any leakage or excessive heat from the product to avoid burns or rash.
7. Only charge with the supplied USB cable.
8. Using other accessories than the ones delivered with the product can cause abnormal functionality.
9. Bluetooth wireless technology operates within a range of about 10 m (30 feet). The maximum communication distance may vary depending on the presence of obstacles (people, metal objects, walls, etc.) or the electromagnetic environment.
10. Microwaves emitting from a Bluetooth device may affect the operation of electronic medical devices.

## **Denver A/S reserve the rights for print errors**

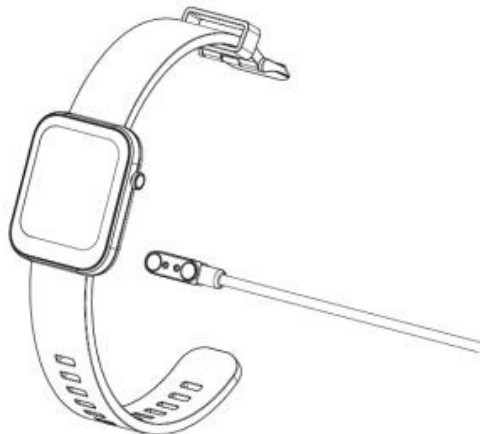
Denver A/S cannot be held responsible for any technical or typographical errors and reserves the right to make changes to the product and manuals without prior notice. If you detect any inaccuracies or omissions, please inform us at the address on the back cover.

## **Intended Use**

This smart watch is intended for monitoring. Fitness-related metrics such as heart rate, blood pressure, distance walked or run, calorie consumption and quality of sleep. Data measured should not be used for any medical, ambulatory, or dietary reference.

### **1. Charging Your Smartwatch**

Make sure the charging pins on the charging cable fit correctly onto the charging contacts at the back of your Smartwatch, then connect the other end to a power source.



## 2. Download App

Search for the “Denver Smart Life Plus” App in the Apple Store or Google Play or scan the following QR code to install.



## 3. Paring

- 1) Open the “Denver Smart Life Plus” app and set your profile. Then tap “Connect Smartwatch” in settings and choose your smartwatch to connect.
- 2) To disconnect your smartwatch, please go to the app settings and tap “Disconnect Smartwatch”. For iPhone, you also need to go to “Bluetooth” in your iPhone Settings to “Forget This Device”.

## 4. Watch Feature

There are six different clock faces for you to choose.



Record calories and kilometers for the day



Click this icon to measure your heart rate.



Click this icon to monitor your current Blood oxygen.



Click this icon to monitor your current Blood pressure.



Click this icon to enter the multi-sport mode. 22 sports modes are available.





Sleep monitor, monitor your sleep between 9:00 p.m. and 9:00 am automatically.



Slide from down to up on the clock face for checking your notifications, and the messages will be automatically deleted after you read them.



The smart watch will display the weather when the connection with the app is established.



Take pictures on the phone remotely from your smart watch.



Breathing training is available, and the breathing training cycle ends after one minute.



Settings page includes screen off, power off, reset, languages, system, etc.

## **Warning!**

- Lithium battery inside!
- Do not try to open the product!
- Do not expose to heat, water, moisture or direct sunlight!
- Only charge with the original charger supplied with this product!

Please notice - All products are subject to change without any notice. We take reservations for errors and omissions in the manual.

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Electric and electronic equipment and included batteries contains materials, components and substances that can be hazardous to your health and the environment, if the waste material (discarded electric and electronic equipment and batteries) is not handled correctly.

Electric and electronic equipment and batteries is marked with the crossed out trash can symbol, seen above. This symbol signifies that electric and electronic equipment and batteries should not be disposed of with other household waste, but should be disposed of separately.

As the end user it is important that you submit your used batteries to the appropriate and designated facility. In this manner you make sure that the batteries are recycled in accordance with legislature and will not harm the environment.

All cities have established collection points, where electric and electronic equipment and batteries can either be submitted free of charge at recycling stations and other collection sites or be collected from the households. Additional information is available at the technical department of your city.

Hereby, Denver A/S declares that the radio equipment type SW-182 is in compliance with Directive 2014/53/EU. The full text of the EU declaration of conformity is available at the following internet address: [denver.eu](http://denver.eu) and then click the search ICON on topline of website. Write model number: SW-182. Now enter product page, and RED directive is found under downloads/other downloads. Operating Frequency Range: 2.402~2.480 GHz  
Max Output Power: -1.10dBm

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(Push "1" for support)

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For all other questions please write

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