



SWC- 184



denver.eu

Nov/2025



FR

Cet appareil et
ses accessoires
sont recyclables

À DÉPOSER
EN MAGASIN



À DÉPOSER
EN DÉCHÈTERIE

OU



Points de collecte sur www.quefairedemesdechets.fr
Privilégiez la réparation ou le don de votre appareil !

Safety information

Please read the safety instructions carefully before using the product for the first time and keep the instructions for future reference.

1. This product is not a toy. Keep it out of reach of children.
2. Warning: This product includes lithium polymer battery.
3. Keep product out of the reach of children and pets to avoid chewing and swallowing.
4. Product operating and storage temperature is from 0 degree Celsius to 40 degrees Celsius. Under and over this temperature might affect the function.
5. Never open the product. Repairs or service should only be performed by qualified personnel.
6. Please remove the Smart watch in case of any leakage or excessive heat from the product to avoid burns or rash.
7. Only charge with the supplied USB cable.

8. Using other accessories than the ones delivered with the product can cause abnormal functionality.
9. Bluetooth wireless technology operates within a range of about 10 m (30 feet). The maximum communication distance may vary depending on the presence of obstacles (people, metal objects, walls, etc.) or the electromagnetic environment.
10. Microwaves emitting from a Bluetooth device may affect the operation of electronic medical devices.

Denver A/S reserves the rights for print errors

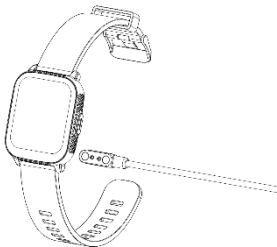
Denver A/S cannot be held responsible for any technical or typographical errors and reserves the right to make changes to the product and manuals without prior notice. If you detect any inaccuracies or omissions, please inform us at the address on the back cover.

Intended Use

This smartwatch is intended for monitoring fitness-related metrics such as heart rate, blood oxygen, distance walked or run, calorie consumption and quality of sleep. Data measured should not be used for any medical, ambulatory, or dietary reference.

Charging Your Smartwatch

Make sure the charging pins on the charging cable fit correctly onto the charging contacts at the back of your Smartwatch, then connect the other end to a power source. Make sure to fully charge the watch before first use. It will take approximately 3 hours to fully charge.



Download App

Search for the “Denver Smart Life Plus” App in the Apple Store or Google Play or scan the following QR code to install.



How to pair and disconnect watch

1. Open the “Denver Smart Life Plus” app and set your profile. Then tap “Connect to Smartwatch” in settings and choose your smartwatch “SWC-184” to connect.
2. To disconnect your smartwatch, please go to the app settings and tap “Disconnect Smartwatch”. For iPhone, you also need go to “Bluetooth” in your iPhone Settings to “Forget This Device”.

Warning!

- Lithium battery inside!
- Do not try to open the product!
- Do not expose to heat, water, moisture or direct sunlight!
- Only charge with the original charger supplied with this product!

Please notice - All products are subject to change without any notice. We take reservations for errors and omissions in the manual.

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A/S



Electric and electronic equipment and included batteries contains materials, components and substances that can be hazardous to your health and the environment, if the waste material (discarded electric and electronic equipment and batteries) is not handled correctly.

Electric and electronic equipment and batteries is marked with the crossed out trash can symbol, seen above. This symbol signifies that electric and electronic equipment and batteries should not be disposed of with other household waste, but should be disposed of separately.

As the end user it is important that you submit your used batteries to the appropriate and designated facility. In this manner you make sure that the batteries are recycled in accordance with legislature and will not harm the environment.

All cities have established collection points, where electric and electronic equipment and batteries can either be submitted free of charge at recycling stations and other collection sites, or be collected from the households. Additional information is available at the technical department of your city.

Hereby, Denver A/S declares that the radio equipment type SWC-184 is in compliance with Directive 2014/53/EU. The full text of the RED declaration of conformity is available at the following internet address: denver.eu and then click the search ICON on topline of website. Write model number: SWC-184. Now enter product page, and RED directive is found under downloads/other downloads. Alternatively, the QR code below can be scanned and the file can be accessed directly.

Hereby, Denver A/S declares that this connected device is in compliance with Data Act Regulation (EU) 2023/2854. The Data Act (EU) 2023/2854 product data sheet is available at the following internet address: denver.eu and then click the search ICON on topline of website. Write model number: SWC-184. Now enter product page, and the Data Act (EU) 2023/2854 product data sheet is found under downloads/other downloads. Alternatively, the QR code below can be scanned and the file can be accessed directly.

SWC-184RO



SWC-184B



Information on standby/off mode power consumption and power management for products compliant with Commission Regulation (EU) 2023/826 can be found at the following internet address: denver.eu and then click the search ICON on topline of website. Write model number: SWC-184 and enter the page.

Operating Frequency Range: 2.402~2.480 GHz

Max Output Power: 4.81 dBm

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Omega 5A, Soeften

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Denmark

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